The Salim El-Hoss Bioethics and Professionalism Program & The Rafic Hariri School of Nursing

announce their 1st Master Class on

PALLIATIVE AND END-OF-LIFE CARE

October 18-19, 2013
Bathish Auditorium-AUB, Beirut, Lebanon
GENERAL INFORMATION

Program Overview
This activity is the 1st Master Class held by the Hariri School of Nursing and the Salim El-Hoss Bioethics and Professionalism Program Faculty of Medicine at the American University of Beirut. It aims at bringing physicians, nurses, and other health care professionals interested in the field of palliative and end-of-life care from Lebanon and the region to discuss issues pertaining to palliative care. The Master Class on Palliative and End of Life Care course also complies with the Lebanese Order of Physicians (LOP) and the Order of Nurses in Lebanon (ONL) Continuing Medical Education guidelines.

Objectives

Upon completion of this master class, the participant will be able to:
1. Describe the philosophy and principles of palliative care that can be integrated across settings to provide quality care across the life span to patients and their families facing life-threatening illnesses.
2. Identify barriers to adequate pain relief in palliative care for patients across the life span.
3. Describe pharmacological and nonpharmacological therapies used to relieve pain.
5. Discuss ethical issues and dilemmas that may arise in palliative and end-of-life care.
6. Discuss the notions of moral distress that is faced when dealing with palliative care cases.
7. Highlight the importance of moral courage when dealing with patients in palliative care settings.
8. Describe the importance of goal setting with patients and families and its role in preventing ethical dilemmas.
9. Discuss beliefs and cultural influences regarding palliative care and death and dying.
10. Recognize the importance of ongoing communication with the primary care provider, interdisciplinary team, patient and family in palliative and end-of-life care.
11. Describe the processes of loss, mourning, grief and bereavement in end-of-life care.
12. Describe the physical, psychological, social, and spiritual care needs and the role of palliative care interventions surrounding the death of a patient.

Target Audience
This Master Class has been designed for physicians, nurses, and other health care professionals interested in the field of palliative and end-of-life care.

Venue
The Master Class on Palliative and End of Life Care will be held at the Bathish Auditorium, Beirut, Lebanon.
Registration
The registration fee is for this conference is $100 including coffee breaks, lunches and syllabus. For reservation and pre-registration kindly send an email to ba45@aub.edu.lb to reserve a seat.

Activity Directors (By Alphabetical Order):

Huda Abu-Saad Huijer RN, PhD, FEANS, FAAN
Professor of Nursing Science
Director Hariri School of Nursing
American University of Beirut

Thalia Arawi, PhD
Founding Director,
Salim El-Hoss Bioethics & Professionalism Program
Clinical Bioethicist
Vice Chair, Medical Center Ethics Committee
American University of Beirut
Faculty of Medicine
Beirut, Lebanon

Faculty (By Alphabetical Order):

Huda Abu-Saad Huijer RN, PhD, FEANS, FAAN
Professor of Nursing Science
Director Hariri School of Nursing
American University of Beirut
Beirut, Lebanon

Leila Akoury Dirani, MD
Assistant Professor
Psychiatry
American University of Beirut Medical Center
Beirut, Lebanon

Thalia Arawi, PhD
Founding Director,
Salim El-Hoss Bioethics & Professionalism Program
Clinical Bioethicist
Vice Chair, Medical Center Ethics Committee
Faculty of Medicine
American University of Beirut
Beirut, Lebanon

Pere Charbel Chlala
Scholar
Beirut, Lebanon
Michel Daher, MD
Professor
Oncology
Saint George Hospital
Beirut, Lebanon

Rebecca El-Asmar, RN
Clinical Nurse Specialist
Clinical and Professional Development Center
American University of Beirut
Beirut, Lebanon

Michael El Khoury, PhD
Lecturer
Faculty of Health Sciences
American University of Beirut
Beirut, Lebanon

Sayyed Jaafar Fadlallah
Scholar
Beirut, Lebanon

Ramzi Hajjar, MD
Associate Professor
Internal Medicine
American University of Beirut Medical Center
Beirut, Lebanon

Janane Hanna, RN
Clinical Nurse Specialist
Clinical and Professional Development Center
American University of Beirut Medical Center
Beirut, Lebanon

Ghassan Kanazi, MD
Professor
Anesthesiology
American University of Beirut Medical Center
Beirut, Lebanon

Marie Maroun-Aouad, MD
Professor
Anesthesiology
American University of Beirut Medical Center
Beirut, Lebanon
May Naifeh Khoury, PhD
Clinical Assistant Professor
Hariri School Of Nursing
American University of Beirut
Beirut, Lebanon

Hibah Osman, MD
Clinical Associate
Family Medicine
American University of Beirut Medical Center
Beirut, Lebanon

Mohamad Saab, RN
Hariri School of Nursing
American University of Beirut
Beirut, Lebanon

Carol Taylor, PhD
Professor of Medicine and Nursing
Kennedy Institute of Ethics
Georgetown University
Georgetown, USA

Arafat Tfayli, MD
Associate Professor
Internal Medicine
American University of Beirut Medical Center
Beirut, Lebanon

James Tulsky, MD
Director
Center for Palliative Care
Professor of Medicine and Nursing
Duke University
North Carolina, USA

Salah Zein-El-Dine, MD
Assistant Professor
Internal Medicine
American University of Beirut Medical Center
Beirut, Lebanon
Featured International Faculty (By Alphabetical Order):

Dr. Carol Taylor, PhD, RN, is a senior research scholar in the Kennedy Institute of Ethics at Georgetown University and a Professor of Medicine and Nursing. Experienced in caring for patients who are chronically and critically ill and their families, Carol chose doctoral work in philosophy with a concentration in bioethics because of a passion to “make health care work” for those who need it.

At Georgetown Carol directs an innovative interdisciplinary ethics curriculum grounded in a rich notion of moral agency for medical students and advanced practice nurses. She teaches in the undergraduate nursing curriculum, directs a practicum in clinical ethics for graduate students in the philosophy program, serves on the ethics committee, directs the ethics consultation service, conducts ethics rounds and ethics case presentations, and develops professional seminars in clinical ethics for health care professionals and the public. Her research interests include clinical and professional ethics, and organizational integrity.

Carol has a PhD in Philosophy with a concentration in bioethics from Georgetown University and a Master's Degree in Medical-Surgical Nursing from Catholic University; She now works closely with health care professionals and leaders who are exploring the ethical dimensions of their practice. She lectures internationally and writes on various issues in healthcare ethics and serves as an ethics consultant to systems and professional organizations. She is the author of Lippincott, Williams & Wilkins Fundamentals of Nursing: The Art and Science of Nursing Care, which is now in its 7th edition and co-editor of Health and Human Flourishing: Religion, Medicine and Moral Anthropology and the 4th edition of Case Studies in Nursing Ethics.
Dr. James Tulsky is Director of the Center for Palliative Care and Professor of Medicine and Nursing at Duke University. He also co-directs the Ethics Consultation Service at the Durham Veterans Affairs (VA) Medical Center. Dr. Tulsky attended Cornell University as an undergraduate, completed his medical degree at the University of Illinois College of Medicine at Chicago, and received his internal medicine training at the University of California, San Francisco (UCSF). He continued at UCSF as chief medical resident and subsequently as a Robert Wood Johnson Clinical Scholar. In 1993, he joined the faculty of Duke University. Dr. Tulsky is the recipient of a Robert Wood Johnson Generalist Physicians Faculty Scholars Award, a VA Health Services Research Career Development Award, the 2002 Presidential Early Career Award for Scientists and Engineers (the highest national award given by the White House Office of Science and Technology for early career investigators), and the 2006 Award for Research Excellence from the American Academy of Hospice and Palliative Medicine.

Dr. Tulsky has a longstanding interest in medical ethics, doctor-patient communication and quality of life at the end of life, and has published widely in these areas. His current research focuses on the evaluation and enhancement of communication between oncologists and patients with advanced cancer, identification of clinical, psychosocial and spiritual trajectories of patients at the end of life, development of self-management interventions for patients with life-limiting illness, and the evaluation of palliative care for patients with advanced heart failure.
## PROGRAM:

### Friday October 18, 2013

<table>
<thead>
<tr>
<th>Time</th>
<th>Session I</th>
<th>Moderator(s)</th>
<th>Presentation/Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-9:00</td>
<td>Welcome and Current situation in Lebanon</td>
<td>Dr. Huda Abu-Saad Huijer</td>
<td>Dr. Huda Abu-Saad Huijer</td>
</tr>
<tr>
<td>9:00-9:45</td>
<td>Philosophy and Principles of Palliative Care: Quality of Life Model in Palliative Care</td>
<td>Dr. James Tulsky</td>
<td></td>
</tr>
<tr>
<td>9:45-10:30</td>
<td>Models in Palliative Care Delivery</td>
<td>Dr. Carol Taylor</td>
<td></td>
</tr>
<tr>
<td>10:30-11:00</td>
<td>Coffee Break</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>Session II</th>
<th>Moderator(s)</th>
<th>Presentation/Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00-11:30</td>
<td>Pain Assessment</td>
<td>Ms. Janane Hanna</td>
<td></td>
</tr>
<tr>
<td>11:30-12:00</td>
<td>Pharmacological Pain Management</td>
<td>Dr. Ghassan Kanazi</td>
<td></td>
</tr>
<tr>
<td>12:00-12:30</td>
<td>Pain Management-Beyond Pharmacology</td>
<td>Dr. Marie Maroun-Aoaud</td>
<td></td>
</tr>
<tr>
<td>12:30-13:00</td>
<td>Barriers to Pain Management</td>
<td>Dr. Huda Abu-Saad Huijer</td>
<td></td>
</tr>
<tr>
<td>13:00-14:00</td>
<td>Lunch</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Time</th>
<th>Session III</th>
<th>Moderator(s)</th>
<th>Presentation/Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>14:00-14:45</td>
<td>Symptom Assessment and Management I</td>
<td>Dr. Hibah Osman</td>
<td></td>
</tr>
<tr>
<td>14:45-15:30</td>
<td>Symptom Assessment and management II</td>
<td>Dr. Ramzi Hajjar</td>
<td></td>
</tr>
<tr>
<td>15:30-16:00</td>
<td>Symptom Management at end-of-life</td>
<td>Mr. Mohamad Saab</td>
<td></td>
</tr>
<tr>
<td>16:00-16:30</td>
<td>Coffee Break</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16:30-17:30</td>
<td>Film showing and discussion ‘Life before Death’</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Saturday October 19, 2013

Session IV Moderators: Dr. Thalia Arawi and Dr. Michel Daher
8:30-9:00  Moral Courage in Palliative and End-of-Life Care
           Dr. Carol Taylor

9:00-9:30  Legal Issues in Palliative Care
           Dr. Salah Zein-El-Dine

9:30-10:00 Dignity in Palliative and End-of-Life Care
           Dr. Michael El Khoury

10:00-10:30 Debate on Ethical Issues moderated by Dr. Michel Daher

10:30-11:00 Coffee Break

Session V Moderators: Mrs. May Khoury & Dr. Hibah Osman
11:00-11:30 Truth Telling & Disclosures
            Dr. Carol Taylor

11:30-12:00 Truth Telling; the Case of Lebanon
            Dr. Arafat Tfayli

12:00-13:00 Communication Strategies in Palliative and End-of-Life Care
            Workshop by Dr. James Tulsky

13:00-14:00 Lunch Break

Session VI Moderators: Dr. Thalia Arawi & Dr. Ramzi Hajjar
14:00-14:30 Family Dynamics in Serious Illness
            Ms. Rebecca El-Asmar

14:30-15:00 Bereavement Interventions
            Dr. Leila Dirani

15:00-15:30 Caring for the Caregiver
            Mrs. May Khoury

15:30-16:00 Cultural and Spiritual Considerations in Palliative and End-of-life Care
            Dr. Carol Taylor

16:00-17:00 Spiritual Care of Patients at the End-of-Life with Father Charbel and Sheikh Fadlallah; moderated by Dr. Thalia Arawi and Dr. Ramzi Hajjar

17:00  Closing Remarks
Contact Information
For more information about this course, please contact:

Continuing Medical Education Office
American University of Beirut
P.O. Box 11-236 Riad El Solh
Beirut 1107 2020
Lebanon
Tel: +961-1-350 000 ext 4717/8
Fax: +961-1-744 467
Email: cme@aub.edu.lb
Web: http://cme.aub.edu.lb