

## Quick Guide to using a database

### What should I use: multidisciplinary or subject specific databases?

Use **multidisciplinary databases** if you have a broad topic or a subject of general interest. [Multidisciplinary](#) databases index a variety of topics in different fields and have a user friendly interface.

Use **subject specific databases** for in depth and peer reviewed articles related to a particular subject. Subject or core databases are advanced in a specific field (e.g. [Business](#), [engineering](#), [political science and public administration](#) and many others)

### What does Full text vs. Abstracting Database mean?

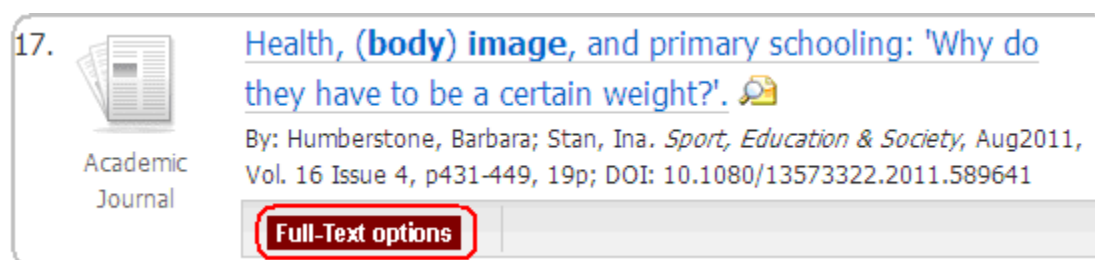
**Full text databases** provide you with full articles (in html or PDF formats) and not only citations or abstracts e.g.





9.  **Exercise Your Body--and Brain.**   
By: Kotz, Deborah. *U.S. News & World Report*, Aug2010, Vol. 147 Issue 7, p36-36, 1p, 1 Color Photograph  
Periodical  
[HTML Full Text](#) [PDF Full Text \(457KB\)](#)

When you click on “HTML full text” you will get the full article.

**Abstracting databases** provide you only with the abstract or summary of the article.




17.  **Health, (body) image, and primary schooling: 'Why do they have to be a certain weight?'**   
By: Humberstone, Barbara; Stan, Ina. *Sport, Education & Society*, Aug2011, Vol. 16 Issue 4, p431-449, 19p; DOI: 10.1080/13573322.2011.589641  
Academic Journal  
**Full-Text options**

**Full-Text options** will lead you to the full-text if the University Libraries subscribe to the journal.

### Sample Search

From the University Libraries' main page, go to [E-Resources](#), and select [Article databases](#) from the drop down menu “Find E-Resources by Type”

Choose the database you wish to search (e.g. [Academic Search Premier](#)). Check the icon  available next to the database title for details.

Type your terms in the search box; you may want to limit your results to “Full text”



Searching: **Academic Search Premier** Choose Databases »  
facebook and privacy **Search**  
Full Text   
Search Options Basic Search Advanced Search Visual Search Search History

Click on “HTML Full text” or PDF whenever available to get the Full text of the desired article.