Dear colleagues,

It is a great pleasure to welcome you at 8th Annual meeting of OSTEOS that will be held on March 2\textsuperscript{nd} and 3\textsuperscript{rd} 2018 at Monroe Hotel Beirut Lebanon.

The osteoporosis is a disease which cause high morbidity and mortality, it interests many specialties: endocrinology, rheumatology, orthopedic surgery, internal medicine family medicine, geriatrics etc.

The topics, this year, will cover multidisciplinary topics in osteoporosis as diabetes, vitamin D and calcium, pediatrics and adolescence, new drugs and new technologies.

This congress provides a unique environment you can meet the colleagues of others specialties and exchange the ideas about osteoporosis, its diagnosis, its treatment with eminent speakers from Lebanon and aboard. On behalf of osteos and personally, I want to thank all speakers, I count on your active participation and I look forward to seeing you next year!

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Ghada El Hajj-Fuleihan
Georges El Kehdy
Samar Muwakkit
Mona Nabulsi
Mona Nasrallah
Muhieddine Seoud
Hala Tfayli

International Speakers

Wassim Chemaitilly  USA
Serge Ferrari  Switzerland
David Kendler  Canada
Micheal McClung  USA
13:00-14:00 Registration and welcome coffee
14:00-14:10 Welcome Note
14:10-15:40 SESSION 1: Vitamin D and Bone Health
Chairs Paola Atallah, Ibrahim Salti
14:10-14:30 Calcium and Vitamin D: Evidence from Trials, Systematic Reviews, and Meta-Analyses Worldwide Ghada El Hajj-Fuleihan
14:30-14:50 Overview of Evidence from MENA Marlene Chakhtoura
15:10-15:30 Lebanese Vitamin D Guidelines Joint LSEDL and OSTEOS Societies Panel
15:30-15:40 QA for Panels
15:40-16:40 Session 2: DXA-Based Technologies Workshop
Chairs Rafic Baddoura, Jad Okais
15:40-15:55 ABCs of DXA Reporting and Pitfalls David Kendler
15:55-16:10 Pediatric DXA Measurements: Indications and Reporting Pitfalls Asma Arabi
16:10-16:25 VFA and Other Spine Imaging: Indications and Drawbacks David Kendler
16:25-16:40 Trabecular Bone Structure: Added Value at no Cost Mike McClung
16:40-17:10 COFFEE BREAK
17:10-18:00 SESSION 3: Sweet Bones and Fractures
In collaboration with the Lebanese Society of Endocrinology, Diabetes and Lipids
Chairs Emile Andari, Charles Saab
17:10-17:35 Pathophysiology of Diabetic Bone Disease Type I and Type II Serge Ferrari
17:35-18:00 Risk Assessment and Management of Diabetic-Patient David Kendler
18:00-18:05 BREAK
18:05-19:05 Managing the denosumab patient on and off therapy
Ghada El Hajj-Fuleihan, Serge Ferrari
Unrestricted educational grant supported by AMGEN
08:00-09:00 Registration

09:00-10:40 SESSION 4: Preventive Health across the Life Course
Chairs Antoine Abu Musa, Joe Suidan

09:00-09:25 Hormone Replacement Therapy/OCP Muhieddine Seoud
09:25-09:50 New SERM Combinations: Updates and Indications Georges El Kehdy
09:50-10:15 Approach to Stress Fractures Mona Nasrallah
10:15-10:40 Growth Hormone Therapy and Bone Health: Myth or Reality Maya Barake

10:40-11:10 COFFEE BREAK - Offered by KFF

11:10-13:15 SESSION 5: Pediatric and Adolescent Bone Health
In collaboration with the Lebanese Pediatric Society
Chairs Bassem Abou Merhy, Miguel Abboud

11:10-11:35 Human Recombinant Growth Hormone and Bone Health Wassim Chemaitilly
11:35-12:00 Cancer-Related Hypogonadism and Bone Mineral Density in Childhood Cancer Survivors Wassim Chemaitilly
12:00-12:25 Calcium and Vitamin D Mona Nabulsi
12:25-12:50 Childhood Cancer and Bone Health Samar Muwakkit
12:50-13:15 Long Term GnRH and Bone Health Hala Tfayli

13:15-14:15 LUNCH BREAK

14:15-15:05 Symposium by Eli Lilly
Effects of teriparatide and risedronate on new fractures in post-menopausal women with severe osteoporosis David Kendler

15:05-16:30 SESSION 6: Drug Therapies What is New in 2018?
Chairs Sami Azar, Georges Halaby

15:05-15:30 Anabolic Versus Anti-Resorptive Therapy where are we Today? Mike McClung
15:30-15:55 Combination versus Sequencing. What Do New Data Indicate? Serge Ferrari
15:55-16:20 Drug Holidays: Does it apply to all? David Kendler
16:20-16:30 Panel Discussion
16:30-17:00  Coffee Break

17:00-18:15  SESSION 7: Osteoporosis Care Gap
Chairs: Elie Moubarak, Umayya Musharrafieh

17:00-17:25  Imminent Fracture Risk: Relevance Therapy Choice  
Serge Ferrari

17:25-17:50  Vertebral Fractures: Medical Management  
Mike McClung

17:50-18:15  Vertebroplasty and Kyphoplasty Update  
David Kendler

18:15-18:30  Meeting Closure
The Lebanese Society for Osteoporosis and Metabolic Bone Disorders, Osteos, wishes to express its gratitude to the following companies:

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