Calcium Rich Luncheon at the Coffee Shop offered by the Women Auxiliary with the support of the Dietary Department at AUBMC

- One week Calcium Rich Menu was prepared with the support of the Dietary Department at AUBMC
- Mats that include the Calcium and Caloric content of the food were prepared, the Mats also included a Bone Smart Quiz and the latest recommendations for Calcium and Vitamin D;
- Educational material was also distributed for the whole week at the Coffee Shop.